

**From the Captain  
Mike Hayhurst**



We have decided to publish shorter but more frequent issues of The Mid-Herts Golfer, particularly over the summer months, when there is so much to report on. We are very proud to bring you news in this issue of the success of our two young ladies Hannah and Lucy.

It's been a strange start to the 'summer' with temperatures ranging from 5 to 29, days of clear blue skies followed by deluges of rain, and now the winds have stepped up. But the course is looking fantastic and it's been a hectic first month with plenty going on.

The Football World Cup is well under way. We have put the large screen TV in the bar and during the matches the bar will remain open throughout the game. Bar food will be available for some of the key games. And, we are pleased to say that Sky TV is now available again in the clubhouse in time for the US Open next week and for the Ryder Cup in October as well as all the football and cricket.

On Sunday 18 July it's the final round in the Open Championship, so after the Sladen Silver, why not watch the 4th round on the big screen and join in the BBQ which will start from lunchtime onwards. Bring the family along and spend the afternoon with us at Mid-Herts.

**New members**

We are delighted to have welcomed over 60 new members in the last two years, many of whom have joined us through the Open Days that we have held. On Friday 18 June, we are holding a Welcome Evening to give the members the chance to meet each other socially. The evening will start at 7.30 pm. So if you have joined us recently, please do come along. Please let the office know if you intend to be there.

We are also very pleased that several new ladies have joined us. Our wonderful professional team, Barney and Rob, are supporting our Lady Captain's initiative to run Sunday afternoon group lessons. This is proving to be very popular so if you know anyone who is looking to take up the game and needs to get started, please do contact the Pro Shop.

**July Medal Saturday 3 July  
From the Captain's Committee**

In order to try to reduce congestion and overlong rounds for this medal, we are going to close the 6<sup>th</sup> tee as a starting point (as we did on Captain's Day).

Early starters will be able to start from the 1<sup>st</sup>, 10<sup>th</sup> or 15<sup>th</sup>. We expect that the majority of players will start at the 1<sup>st</sup>. Those starting on the 1<sup>st</sup> will have no-one starting in front of them, at least until the 10<sup>th</sup>.

To keep play flowing, the 10<sup>th</sup> will be the start point from 8.45 – 9.45, the 15<sup>th</sup> from 9.45 to 10.30. From 10.30 until the afternoon, play will start from the 1<sup>st</sup> tee. It is expected that there will be relatively few players starting between 9 am and 12 noon and all those players will be in the same block.

From 12 noon the same applies. The three start points will be clear because all the early rush starters will be through those tees and either finished or nearing the end of their round.

From 12.30, players will be able to start at any of the three open tees. From 1.15, the 10<sup>th</sup> tee will be the preferred start point. Players may start from the 1<sup>st</sup> if they wish, but will find those starting from the 15<sup>th</sup> coming through. The 10<sup>th</sup> will be the preferred start tee until 2.15, and then the 15<sup>th</sup> from 2.15 until 3 pm. After that time players should start from the 1<sup>st</sup>.

We hope that this schedule will allow almost all players to have an uninterrupted round and get round quicker than has often been the case.

We will be asking all groups to fill in a slip of paper with the time of starting, the tee used, the time of finishing and any comments to enable the success of the experiment to be assessed. The Pro shop will have these slips and will give advice on where to start when you enter the competition. Those not in the competition are asked to fill in the slips as well and to abide by this starting schedule.

### Summary

<b>July 3<sup>rd</sup> Medal starting times – 6<sup>th</sup> closed for starting all day</b>			
	1st	10 <sup>th</sup>	15 <sup>th</sup>
8.00 – 8.45	Yes	Yes	Yes
8.45 – 9.45		Yes	
9.45 – 10.30			Yes
10.30 - 12.30	Yes		
12.30 – 1.15	Yes	Yes	Yes
1.15 – 2.15		Yes	
2.15 - 3.00			Yes
3.00 onwards	Yes		

### On the course

#### From Paul Dugdale

**The fifth:** The fifth is back in play, as many of you will have already seen and experienced. We are monitoring it closely and if it stands up well, we will continue to use it. If not, we may have to give it some more rest and close it. We are continuing to feed and overseed so that it continues to get more and more resilient to wear. This current weather – wet and warm – is certainly helping our cause.

### Midsummer Ball

#### Saturday 24 July

Over 60 people have already signed up for the Midsummer Ball, but we have room for lots more, so why not get out the glad rags and dust off those bow ties for what's set to be a great evening.

There will be something for everyone – a 5 course gourmet meal (menu details are on the notice board), live music from pianist and vocalist, Alex Miles, followed by a

disco. Tickets are £40 per head, so do drum up a table and come and enjoy this special event.

### Hannah Burke wins the Irish Women's Open



Hannah has been a member of Mid Herts for 10 years and now aged 22, she is classed as an England international player.

On 6 June she won the 2010 Irish Women's Open Strokeplay Championship by five strokes – a year after she lost a marathon play-off for the title on the seventh extra hole.

"It's awesome," said Hannah, who had a final round 71 at Newlands, Dublin, to finish on five-under par for the 54-hole event and five shots clear of Australia's Justine Lee. Her handicap was reduced from +3 to +3.5; her aim was to get to +4 this summer.

"I think I've been due a win for a while. I finished second here last year, then I was second in the English strokeplay and I've spent my last year at Baylor University, Texas, and finished second a couple of times there. Now I've managed to win!"

She was two-under for the first six holes of the third round, despite the teeming rain which delayed her tee-off time by ninety minutes. So heavy were the showers that play was suspended on two separate occasions while greenkeepers worked tirelessly to clear the flooding greens.

Obviously Hannah is in fine form. On Wednesday she won the Astor Salver at The Berkshire by 3 shots – 36 holes strokeplay. What a week finishing on a handicap of +4. Well done Hannah. You make us proud!

Hannah is named in the England team for the European Team Championships being held at La Manga, Spain in July.

Hannah and Lucy are in the Herts team at County Match week (June 14<sup>th</sup> - 18<sup>th</sup>) at West Herts. Full details are on the county web site: [www.hclga.co.uk](http://www.hclga.co.uk)

Hannah will play a full summer of English and British events before returning to Baylor University, Texas, to complete her degree. Later in the year, she's hoping to win her place on the US Duramed Futures Tour.

### Lucy Williams World Universities Championship

Lucy Williams has been playing in the World Universities Championship at Antequera in Spain.

## **Welcome to new members**

We are delighted to welcome the following members who have joined us recently:

Mr Andrew Hazell  
Mr Samie Razaq - JNR  
Mr Jonathan Pomroy  
Mr Daniel Dracott  
Mr Oliver Taylor  
Mr Brian Murray  
Mr Thomas Greenhalgh  
Mr Lewis Piasecki

Mr Tom Slater  
Mr Oliver Wilson  
Mr Marc Scott  
Mr Ray Maslin  
Mr David Jones  
Mr Sam Cooke

## **Yoga for golfers**

### **Sue Ludlow**

We have been doing yoga at Mid-Herts since the turn of the year and have a regular group of attendees, with a mix of men and women of all ages. We were extremely lucky to find a really wonderful yoga teacher called Ann who is interested in the golf swing and how to stretch our bodies to their full potential for our general well-being. For those of us who need a little extra help to do this, she provides blocks and rolled-up towels and a lot of encouragement.

The yoga we do focuses on building core strength and stretching and can be done at all levels. Most of us are still relative beginners. Our session doesn't include meditation, but we do have a wonderful relaxation period in the last ten minutes which we all really enjoy. It has been known for one or two of us to fall asleep at this point because it's just so relaxing!

Here are comments from some people who attend each week:

Glen: "I enjoy the core strength exercises and it has given me more flexibility."

Betty: "The yoga sessions have strengthened me generally and have helped keep me free of back problems. I've noticed I can now bend better when I'm gardening."

Neil: "I know when I've missed a yoga class – I feel less supple."

Sue: "I always feel stretched after yoga and my core muscles have improved – and it's good fun".

Janet: "It's a great way to improve your suppleness - it's relaxing and we always have a giggle!"

We are offering a free 'taster session' if you book in advance. Just email Sue Ludlow (ludlowsuz@hotmail.co.uk) and see what you think. If you prefer, you could watch one of our sessions and then decide. Yoga is held every Tuesday between 7.45 – 8.45pm and costs £5 per person.

## **Advertising Members' Services**

### **Martin Bennet**

We are pleased to offer this opportunity for members to advertise their services in the Mid-Herts Golfer. If you would like to advertise in a future issue for a small fee, please contact Martin Bennet.